



# COVID19 Information and Education

## COVID-19 Education & Protection

Based on national and local guidance, it is important for players to understand how COVID-19 spreads and ways to protect yourself.

- **Knowing How It Spreads** – The virus is spread mainly from person to person:
  - Between people who are within 6 feet of each other.
  - Through respiratory droplets produced when an infected person coughs, sneezes or talks.
  - These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.
  
- **Basic ways to protect yourself:**
  - Wash your hands often
  - Avoid close contact
  - Cover your mouth and nose with a cloth face cover when around others
  - Cover coughs and sneezes
  - Clean and disinfect
  - Remain 6 feet away from other individuals
  
- **Self-Screening:**
  - All MGA players will be required to self-screen prior to being on site at tournaments.
  - Players must stay at home if they display any of the following new or worsening signs or symptoms of possible COVID-19:
    - Cough, shortness of breath or difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, loss of taste or smell, diarrhea, feeling feverish or a measured temperature greater than or equal to 100.0 degrees Fahrenheit, known close contact with a person who is lab confirmed to have COVID-19.
  
- **Hand Washing and Hand Sanitizer:**
  - When washing your hands, you should:
    - Use soap and water
    - Wash for a minimum of 20 seconds
  
- **Social Distance & Player Contact:**
  - The MGA asks that regardless of their position on the golf course, players maintain 6 feet of distance between themselves and other players. This includes when they are preparing for a shot, walking down the

fairway/rough, on the teeing area, on the putting green, and all other locations.

- All players must refrain from touching other participants in any way, unless they are from the same household, including shaking hands prior to and following the round.
- Players must not touch, handle, or share each other's equipment.
- **Coughing & Sneezing:**
  - If you are in a private setting and do not have on your cloth face covering, remember to always cover your mouth and nose with a tissue or use the inside of your elbow, when you cough or sneeze.
  - Throw used tissues in the trash.
  - Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not readily available, use hand sanitizer.